NUTRITON **GUIDE**



MyRosatis.com | Menu Nutritional Data | 2021

The nutritional information seen here was prepared by MenuTrinfo®, LLC and is based on standard serving sizes and product formulations prepared with approved ingredients. The nutritional data presented are based on representative values from the USDA Nutrient Database for Standard Reference and information from product manufacturers. Variation may occur due to the handcrafted nature of our menu items or due to seasonal influences and/or sources of supply of our ingredients. Additionally, formulations may change on occasion or the substitution of ingredients or suppliers may be necessary which will alter the nutritional values. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

This nutritional information and calorie counts are based on the standard core menu items, recipes and ingredients provided by Rosati's Franchising, Inc. to its independently owned and operated franchised restaurants. Since each franchised restaurant is independently owned and operated, we cannot guarantee that the information in this document is completely accurate for the menu items offered by each individual franchised restaurant. We encourage you to contact your local franchised restaurant directly to determine if that particular franchised restaurant has any variations from our standard menu items, recipes and ingredients that would change the standard information included in this document. Further, this standard information is for restaurants licensed by Rosati's Franchising, Inc. only and does not apply to restaurants licensed by another entity.



POSATTS	CALORIES	CALORIES FROM FAT	TOTAL FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	POLY UNSAT FAT (G)	MONO UNSAT FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	POTASSIUM (MG)	CARBOHYDRATES (G)	DIETARY FIBER (G)	SUGARS (G)	PROTEIN (G)
JUMBO PIZZA SLICES		0.40	07	4.6	4.0	4.0		70	0/0	220	40	_	_	07
Cheese	520	240 450	27 51	16 24	1.0	1.0	8	70	960	330	40	3	5	27
Sausage	810						8	150	1850 1420	330	40	3	5	45 32
Pepperoni	640	340 490	38	20	1.0	1.0	8	95	-	330 540		4	8	
Fabulous Four Meat Mania	1330	810	56 92	40	1.0	1.0	11 8	150 240	2280 3610	330	46 44	3	6	47 73
Classic Combo	1050	640	72	29	1.0	2.0	14	175	2990	540	49	4	8	52
The Windy City	860	470	53	24	1.0	1.0	8	150	2190	460	51	4	7	47
The Veggie	620	310	35	16	1.0	3.0	12	70	1670	700	49	5	10	29
White Pizza	710	420	47	17	1.0	6	20	70	1300	520	45	3	4	28
The Hawaiian	640	270	31	16	1.0	1.0	7	90	1570	250	59	2	21	31
Rosati's Monster	1600	1000	113	43	1.0	3.0	19	255	5630	630	55	5	9	80
BEVERAGES - 12 OZ. 0		1000	113	43	1.0	3.0	17	233	3030	030	33	<u> </u>	,	00
Pepsi	150								30		42		42	
Diet Pepsi	0								40	55				
Wild Cherry Pepsi	150								30	10	42		42	
Mist Twist	140								35		39		39	
Mountain Dew	170								65		46		46	
Orange Crush	160								70		43		43	
Rootbeer	140								20	15	36		36	
BEVERAGES - 20 OZ.	BOTTL	E												
Pepsi	250								50		70		70	
Diet Pepsi	0								60	85				
Wild Cherry Pepsi	250								50	10	70		70	
Mist Twist	240								55		65		65	
Mountain Dew	290								105		77		77	
Orange Crush	270								115		72		72	
Rootbeer	250								35	25	65		65	
BEVERAGES - 2-LITER	BOTT	LE												
Pepsi	850								170		237		237	
Diet Pepsi	0								210	300				
Wild Cherry Pepsi	850								170	40	237		237	
Mist Twist	810								190		220		220	

COMMON ALLERGENS

COMMON ALLERGENS FOR MENU ITEMS OF ROSATI'S FRANCHISING, INC.'S FRANCHISED LOCATIONS









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Canada al Cuina al									
Sautéed Spinach									
Extra Cheese Anchovies			Х						
		Х							
Banana Peppers									X
Hot Giardiniera									
Jalapeño									
Pineapple									
Feta Cheese THIN CRUST SPECIALTY PIZZAS			Х						
					1	1			
Fabulous Four			X					X	
Meat Mania	Х		Х			Х		Х	
Classic Combo			Х					Х	
The Windy City			Х					Х	
The Veggie			Х					Х	
White Pizza			Х					Х	
The Hawaiian			Х			Х		X	
Rosati's Monster	Х		Х			Х		Х	
ANY ALLERGENS ARE MARKED WITH AN "X" DOUBLE DOUGH SPECIALTY PIZZAS	EGG	FISH	MILK	PEANUTS	SHELLFISH	SOY	TREE NUTS	WHEAT	YELLOW DYE
the state of the s	1				1	ĺ		\ \ \	
Fabulous Four			X					X	
Meat Mania	Х		Х			Х		X	
Classic Combo									
The Windy City			X					X	
			Χ					Х	
The Veggie			X X					X	
The Veggie White Pizza	i e		X X X					X X X	
The Veggie White Pizza The Hawaiian			X X X			 X		X X X	
The Veggie White Pizza The Hawaiian Rosati's Monster			X X X					X X X	
The Veggie White Pizza The Hawaiian Rosati's Monster JUMBO PIZZA SLICES			X X X X			 X		X X X X	
The Veggie White Pizza The Hawaiian Rosati's Monster JUMBO PIZZA SLICES Cheese			X X X X			 X		X X X X	
The Veggie White Pizza The Hawaiian Rosati's Monster JUMBO PIZZA SLICES Cheese Sausage	 X	 	X X X X X	 		 X X	 	X X X X X	
The Veggie White Pizza The Hawaiian Rosati's Monster JUMBO PIZZA SLICES Cheese Sausage Pepperoni	 X		X X X X X X			 X X		x x x x x	
The Veggie White Pizza The Hawaiian Rosati's Monster JUMBO PIZZA SLICES Cheese Sausage	 X		X X X X X			X X		X X X X X	
The Veggie White Pizza The Hawaiian Rosati's Monster JUMBO PIZZA SLICES Cheese Sausage Pepperoni Fabulous Four Meat Mania	 X		X X X X X X			 X X		x x x x x	
The Veggie White Pizza The Hawaiian Rosati's Monster JUMBO PIZZA SLICES Cheese Sausage Pepperoni Fabulous Four	 X		X X X X X X X					x x x x x x x x x x	
The Veggie White Pizza The Hawaiian Rosati's Monster JUMBO PIZZA SLICES Cheese Sausage Pepperoni Fabulous Four Meat Mania	 X		X X X X X X X X					x x x x x x x x x x x	

White Pizza			Х				 Х	
The Hawaiian		-	Х	-	-	Х	 Х	
Rosati's Monster	Х		Х	-		Х	 Х	
BEVERAGES - PEPSI PRODUCTS								
Pepsi				-			 	
Diet Pepsi							 	
Wild Cherry Pepsi							 	
Mist Twist							 	
Mountain Dew		-					 	Х
Orange Crush							 	Х
Rootbeer							 	
Dole Lemonade		1		1	-		 	Х
BEVERAGES - RED BULL CANS								
Original Red Bull				-			 	Х
Sugar-Free Red Bull							 	Х